

## Katrin – The Power of the Universe Compels Her!

By: Jillian Locke, Pulse Magazine

The last time I spoke with Katrin Roush, it was while I was writing a weekly music column for the Lowell Sun, entitled *Nightlife*. The Weston, MA native was already well into her singer/songwriter career, playing regularly all around New England since 1993. That was back in 2006, and a lot has changed since then.

“In the past three years, life has changed drastically, and I think my music really reflects that,” Roush says. “I had a hard time with change, and life presented me with situations where I had no choice but to be OK with the changes that were happening.”

This sentiment runs rampant throughout *Soul Wide Open*, Roush’s latest creation. As the album’s second track, “One Year’s Time” ushers in: “In one year’s time/I’ve been through changes I thought that I could never bear...I put one wheel in front of the other/It’s just one dream that follows another,” Roush’s gentle strumming and ethereal guitar work deliver her personal message; this time not only is her music soulful, but the lyrics are as much from the soul as they come.

“This CD is probably the most personal, autobiographical music I’ve ever written – I really put myself out there...and it was really scary,” Roush confesses. “It took me two years to finish and release it because of so many different life experiences that kept presenting themselves to me. I had to stop and wait to be inspired. During that period, I was learning and felt compelled to write about it, like I was writing my diary in some ways.”

This sentiment could not be more adequately expressed than in the third track, entitled, “Your Song,” in which Katrin attests: “You have to dance with your demons and make them your friends.” And danced, she has. “I’m coming from a place where I just really wanted to do this...I’m at a place where I’m not worrying about people’s opinions anymore.”

And with the help of producer/ electric guitarist Scott Tarulli, sound engineer/hammond organist Tom Eaton, drummer/percussionist Mike Casano, and bassists Jim Lamond, Jen Oberle, Jordan Scannella, and Jesse Bastos, Katrin was able to give her new experiences and creative vision a voice. “Working with all these different musicians on the CD has been a real treat. Scott Tarulli was in the studio with me for almost every session, and we combed through everything and got really creative together.”

*Soul Wide Open* is a true testament to strength, unconditional love, and gratitude, all sewn together and connected by the power of soul and rock. See Katrin on August 12<sup>th</sup>, for her CD release party at Scullers Jazz Club in Allston, where she will be performing with a full band...and the power of the universe at her back.

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